A Garment Construction Plan 25 Steps to Successful Sewing

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Preparation

- 1. Study the pattern.
- 2. Compare your body measurements to the pattern and make any necessary pattern adjustments.
- 3. Prepare the fabric by straightening the grainline.
- 4. Layout the fabric and pattern pieces. Pin (or use weights) fabric to pattern when you are pleased with the layout.
- 5. Once you have determined that you have all of the necessary pieces laid out correctly on the grain, double check again to confirm before cutting.
- 6. Mark all of the construction details.
- 7. Staystitch each garment section.
- 8. Interface each area as suggested in your pattern.
- 9. Stitch and press all darts, tucks, pleats or gathers.

Shaping

- 1. Prepare all lining or underlining.
- 2. If there are any style lines such as a yoke or princess seams, pin and stitch.
- 3. Stitch the center front and center back seams.
- 4. Prepare and apply style details such as tabs and pockets.
- 5. Baste the shoulder seams.
- 6. Baste the side seams and inseam.
- 7. Try on for fit. If you are pleased with the fit, go ahead and stitch the shoulder, side seams and inseam. Remove basting.
- 8. When the design calls for a waistband, prepare and attach it to the seam.
- 9. When the style features a collar, make it.
- 10. When the design calls for sleeves, set and stitch the sleeves
- 11. If a neckline or armhole needs a facing, prepare and attach the facing.

Finishing

- 1. If a zipper is needed, insert it.
- 2. Finish the inside seams.
- 3. Set and sew the hems
- 4. Add the closures-buttons, buttonhole and snaps.
- 5. Complete any other hand finishing.

*Throughout each step, have your iron and pressing cloth ready.